

HOW TO + CHANGE FROM THE INSIDE OUT

A new heart also will I give you,
and a new spirit will I put within you...

EZEKIEL 36:26





THE STORY OF

DAVID & BATHSHEBA

A HEART THAT WANDERED.
A GOD WHO RESTORES.



A KING
2 SAMUEL 11



A MOMENT
2 SAMUEL 11:2



A CHOICE
2 SAMUEL 11:4



CONSEQUENCES
2 SAMUEL 12:7-14



GRACE &
RESTORATION
PSALM 51

“

Create in me a clean heart,
O God, and renew a **right spirit**
within me.

— PSALM 51:10



2 SAMUEL

11

In the spring, at the time when **kings go off to war**, David sent Joab out with the king's men and the whole Israelite army. They destroyed the Ammonites and besieged Rabbah. But **David remained in Jerusalem.**



SIN

OFTEN

ATTACKS

YOU WHEN YOU ARE

TRYING TO TO

ESCAPE RESPONSIBILITY



YOUR SINS

LEAD YOU INTO

DELUSIONAL

LEVELS OF

EVIL



THE HEART IS DECEITFUL ABOVE ALL THINGS,
AND DESPERATELY SICK;

WHO CAN UNDERSTAND IT? JEREMIAH 17:9



AS LONG AS
YOU GET
AWAY
WITH IT

— YOU LIVE IN YOUR
DELUSIONS



PROVERBS 28:13

HE THAT COVERETH HIS SINS SHALL NOT PROSPER:
BUT WHOSO CONFESSETH AND FORSAKETH THEM SHALL HAVE MERCY.



BE SURE YOUR
SINS
WILL
FIND YOU
OUT

YOU CAN RUN,
BUT YOU CAN'T HIDE.
NUMBERS 32:23



IT IS
GOD'S
KINDNESS

— THAT ALLOWS US —

TO BE **CAUGHT**



PROVERBS 12:1

WHOSO LOVETH INSTRUCTION LOVETH KNOWLEDGE:
BUT HE THAT HATETH REPROOF IS BRUTISH.

TWO KINDS OF SORROW

2 CORINTHIANS 7:10

GODLY SORROW



GRIEVES HOW SIN
OFFENDS GOD



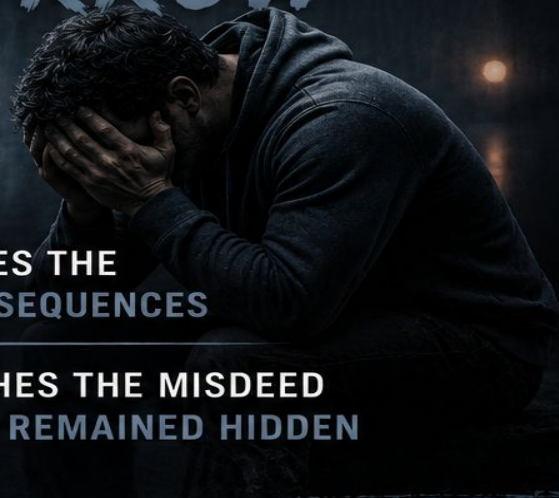
HARMS OTHERS



BREAKS A
RELATIONSHIP

VS

WORLDLY SORROW



HATES THE
CONSEQUENCES



WISHES THE MISDEED
HAD REMAINED HIDDEN

GODLY SORROW LEADS TO REPENTANCE AND LIFE.
WORLDLY SORROW LEADS TO REGRET AND DEATH.

2 CORINTHIANS 7:10

13 THEN DAVID SAID
TO NATHAN,

**“I HAVE
SINNED AGAINST
THE LORD.”**



PSALM 51:1-4

1

Have mercy on me, O God,
according to your **unfailing love**;
according to your **great compassion**
blot out my transgressions.

2

Wash away all my **iniquity**
and **cleanse me** from my sin.

3

For **I know** my transgressions,
and my sin is **always before me**.

4

Against you, **you only**, have I sinned
and done what is **evil** in your sight;



*Create in me a clean heart, O God,
and renew a right spirit within me.*

— PSALM 51:10





DAVID KNEW HE HAD TO

GET RIGHT WITH GOD

BEFORE HE COULD
GET RIGHT WITH

EVERYONE ELSE.

TRUE CHANGE

COMES FROM THE

INSIDE OUT



WHEN YOU RESTORE YOUR
CONNECTION
WITH YOUR CREATOR



BROKEN INSIDE
LEADS TO BROKEN
OUTSIDE



RESTORED WITH GOD
BRINGS TRUE HEALING
AND TRANSFORMATION



A NEW HEART
CREATES
A NEW LIFE

CREATE IN ME A CLEAN HEART, O GOD,
AND RENEW A RIGHT SPIRIT WITHIN ME. *Psalms 51:10*



ACTS 3:19

“ Repent therefore
and be converted,
that your sins
may be blotted out,
so that times of refreshing
may come from the
presence of the Lord. ”



TURN FROM SIN.
REPENT.



TURN TO GOD.
BE CONVERTED.



EXPERIENCE HIS
REFRESHING.



TIMES OF REFRESHING COME FROM THE PRESENCE OF THE LORD. | HOSEA 6:3

METANOÉŌ

“CHANGED AFTER BEING WITH”

“THINK DIFFERENTLY AFTER”

“AFTER A CHANGE OF MIND”



TO REPENT

(LITERALLY, “THINK
DIFFERENTLY AFTERWARDS”).



BE WITH



CHANGE
YOUR MIND



CHANGE
YOUR LIFE





Did God REALLY SAY, ?

THE BEGINNING OF **DOUBT**.
THE START OF **DISOBEDIENCE**.

— GENESIS 3:1 —

GENESIS 3:1-4

— THE TEMPTATION BEGINS WITH A QUESTION —

- 1 Now the serpent was **more crafty** than any of the wild animals the LORD God had made.
- 2 He said to the woman, “**Did God really say, ‘You must not eat from any tree in the garden’?**”
- 3 The woman said to the serpent, “**We may eat fruit** from the trees in the garden,
- 4 but God did say, ‘You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or **you will die.**’””



**SIN ALWAYS STARTS
WITH *DOUBTING* GOD'S WORD.**

GENESIS 3:5-6

THE TEMPTATION CONTINUES

5

For God knows that when you eat from it **your eyes** will be opened, and you will be **like God**, knowing good and evil.

6

When the woman saw that the fruit of the tree was **good for food**, and **pleasing to the eye**, and also **desirable for gaining wisdom**, she took some and ate it. She also gave some to her husband, who was with her, and **he ate it**.



**SIN ALWAYS STARTS
WITH *DOUBTING* GOD'S WORD.**

SIN ALWAYS — STARTS WITH — DISTRUSTING GOD

THE WISDOM AND
GOODNESS OF GOD.



SIN

ALWAYS MAKES YOU

TRY TO FULFILL
A LEGITIMATE NEED

IN AN
ILLEGITIMATE
WAY

ILLEGITIMATE WAY

SHORT TERM PLEASURE
LONG TERM PAIN

LEGITIMATE NEED

GOD'S DESIGN
LASTING FULFILLMENT



EPHESIANS

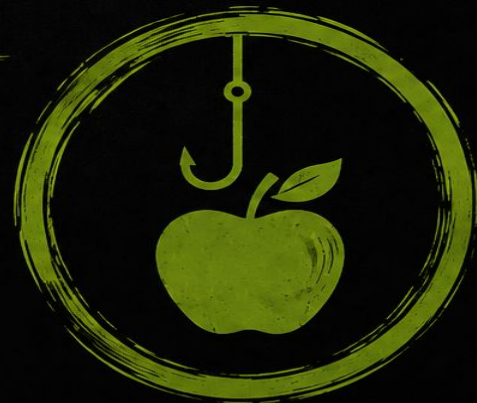
4:28

Anyone who has been **stealing** must steal no longer, but **must work**, doing something **useful** with their own hands, that they may have something to **share** with those **in need**.

EPHESIANS 4:28



SIN ALWAYS
TRIES TO
TAKE ADVANTAGE
OF OUR
IN-THE-MOMENT
APPETITES



GENESIS 25:29-34

THE STORY OF ESAU AND JACOB

29 Once when Jacob was cooking some stew, Esau came in from the field, and he was **exhausted**.

30 Esau said to Jacob, "Let me eat some of that red stew, for **I'm famished!**" (That is why he was called Edom.)

31 Jacob replied, "First **sell me your birthright.**"

32 Esau said, "Look, **I am about to die.** What good is the birthright to me?"

33 Jacob said, "**Swear to me first.**" So he swore an oath to him and sold his birthright to Jacob.

34 Then Jacob gave Esau some bread and some stew of lentils. He ate and drank, and then he got up and went his way. So Esau **despised** his birthright.

HE TRADED
ETERNAL VALUE
FOR TEMPORARY
PLEASURE.



**DON'T TRADE YOUR BIRTHRIGHT
FOR A BOWL OF STEW.**



**WHAT GOD HAS PROMISED
IS WORTH MORE THAN A MOMENT.**

MATTHEW

4:3-4

// The tempter came to him and said,
"If you are the Son of God, tell these stones to become bread."

4 Jesus answered,
"It is written: 'Man shall not live on bread alone, but on **every word that comes from the mouth of God.**'"



GOD'S WORD **SATISFIES**
WHERE TEMPORARY THINGS **FAIL.**





ROMANS 12:2

**DO NOT CONFORM
TO THE PATTERN
OF THIS WORLD,
BUT BE *TRANSFORMED*
BY THE RENEWING
OF YOUR MIND.**

THEN YOU WILL BE ABLE TO
✓ **TEST** AND **APPROVE** ✓
WHAT GOD'S WILL IS—
**HIS GOOD, PLEASING
AND PERFECT WILL.**



GALATIANS

5:16-17

16 So I say, walk by the Spirit, and you will not gratify the desires of the flesh.

17 For the **flesh** desires what is contrary to the **Spirit**, and the **Spirit** what is contrary to the **flesh**. They are in **CONFLICT** with each other...

THE
FLESH



THE
SPIRIT



VS



WALK BY THE SPIRIT.

CHOOSE FREEDOM OVER THE FLESH.



FREEDOM
STARTS WITH
SURRENDER

GALATIANS 5:19-21

THE ACTS OF THE FLESH ARE OBVIOUS:

- 19** sexual immorality, impurity and debauchery;
- 20** idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like.
- 21** I warn you, as I did before, that those who live like this will not inherit the kingdom of God.



**CHOOSE THE SPIRIT,
LIVE IN FREEDOM.**

GALATIANS 5:22-23

BUT THE FRUIT OF THE SPIRIT IS:

LOVE | JOY | PEACE | PATIENCE

KINDNESS | GOODNESS | FAITHFULNESS

GENTLENESS | SELF-CONTROL

22 Against such things there is no law.

23 Those who belong to Christ Jesus have **crucified the flesh** with its **passions and desires**.

Walk by the Spirit. Live the Fruit.



1 CORINTHIANS 2:16

“For, ‘Who has known the mind of the Lord so as to instruct him?’”

**BUT WE HAVE
THE MIND OF CHRIST.**

*we have
the mind
of Christ.*

