

3 KINDS OF **BIBLICAL** FAMILY

NATURAL FAMILY



THE FAMILY YOU
ARE BORN INTO

MARRIAGE FAMILY



THE FAMILY YOU
BUILD THROUGH
COVENANT

FAMILY OF GOD



THE FAMILY YOU
BELONG TO THROUGH
FAITH IN JESUS

NATURAL FAMILY

THE FAMILY YOU
ARE BORN INTO



YOU GET TO CREATE YOUR OWN NEW FAMILY

BREAK
THE CYCLE.
BUILD A
LEGACY.

DIFFERENT STORIES.
STRONGER VALUES.
BRIGHTER GENERATIONS.



NEW
FOUNDATIONS



HEALTHY
RELATIONSHIPS



GODLY
VALUES



A BRIGHTER
TOMORROW

FAITH
FAMILY
PURPOSE

— NEW GENERATIONS ARE POSSIBLE —

JOSHUA 24:15

CHOOSE THIS DAY WHO YOU WILL SERVE.

"But as for me and my household,
we will serve the LORD."

JOSHUA 24:15 (NIV)



GOD

LIFE
PURPOSE
BLESSING



SELF

SIN
CONTROL
EMPTY



THE WORLD

DISTRACTION
TEMPORARY
DECEPTION



IDOLS

COMPROMISE
BONDAGE
REGRET

SAME
CHOICES
STILL
MATTER
TODAY.

ETERNAL IMPACT STARTS WITH TODAY

MARK 6:1-6

OVERCOMING THE LIMITATIONS OF YOUR FAMILY'S THOUGHTS OF YOU

"A prophet is not without honor
except **in his own town**, among his
relatives and in his own home."

MARK 6:4 (NIV)



**RENEW
YOUR MIND**

GOD'S TRUTH
OVER THEIR LIES



**SEE BEYOND
THE LABELS**

YOU ARE MORE
THAN THEIR OPINION



**LIVE IN
YOUR CALLING**

GOD'S PURPOSE
STILL STANDS



**DON'T LET
REJECTION STOP YOU**

JESUS KEPT GOING

DON'T
LET THEIR
LIMITATIONS
DEFINE
YOUR CALLING.

GOD SEES YOU. KEEP GOING.

HEALING FROM *DYSFUNCTIONAL* FAMILY ROLES

BREAK CYCLES • FIND FREEDOM • WALK IN PURPOSE

HE HEALS
THE BROKENHEARTED
AND BINDS UP
THEIR WOUNDS.

PSALM 147:3 (NIV)

THE
CRITIC

THE
CAREGIVER

THE
SCAPEGOAT

THE
LOST CHILD



RECOGNIZE
THE PATTERNS
YOU'RE NOT ALONE



RECEIVE
GOD'S HEALING
HE MAKES
ALL THINGS NEW



REWRITE
YOUR STORY
YOU ARE MORE
THAN YOUR PAST



BUILD
HEALTHY REAATIONSHP
GENERATIONAL CHANGE
IS POSSIBLE

REJECTION
PEOPLE PLEASING
PERFECTIONISM
FEAR
CONTROL
ADDICTION
SHAME
SILENCE

HEALED

IDENTITY

FREEDOM

HEALTHY
RELATIONSHIPS

A BRIGHTER
TOMORROW



DYSFUNCTIONAL FAMILY ROLES

THE HERO

THE OVERACHIEVER

The one who tries to make the family look normal and successful through constant achievement.

Healing requires letting go of perfectionism and learning that your worth is **not tied to productivity**.



ACHIEVE
ALWAYS
DO MORE



KEEP UP
HIGH
EXPECTATIONS



PERFECTIONISM
FEELS LIKE
SAFETY



HEAL
YOUR WORTH
IS NOT YOUR WORK

*You are enough
just as you are.*

DISCIPLINE
BUILDS
FREEDOM
NOT
PERFECTION

DYSFUNCTIONAL FAMILY ROLES

THE SCAPEGOAT

THE "BLACK SHEEP"

The problem child who is unfairly blamed for the family's stress.

Healing involves unlearning the core belief that **you are inherently "bad"** or responsible for others' failures.



BLAMED
FOR THINGS
NOT YOUR FAULT



JUDGED
SEEN AS
THE PROBLEM



MISUNDERSTOOD
LABELS
STICK



HEAL
YOU HAVE LOVED
YOU ARE NOT YOUR
MISTAKES

You are not your fault.

TRoubleMAKER
LAZY
SELFISH
THE
1ST PROBLEM
DIFFICULT

DYSFUNCTIONAL FAMILY ROLE

THE LOST CHILD

THE QUIET, INVISIBLE ONE

The member who withdraws to avoid adding to the chaos.

Healing requires learning to take up space, voice your needs, and trust that **you are allowed to be seen.**



INVISIBLE
KEEPS QUIET



**AVOIDS
CONFLICT**
STAYS IN THE
BACKGROUND



**DOESN'T
EXPRESS NEEDS**
FEARS BEING
A BURDEN



HEAL
YOU HAVE A VOICE
YOU BELONG HERE

*Your voice matters.
You are seen.*

SEEN
HEARD
KNOWN
LOVED

DYSFUNCTIONAL FAMILY ROLES

THE MASCOT / JESTER

THE ONE WHO KEEPS IT LIGHT

The person who uses humor, charm, or silliness to distract from tension.

Healing means allowing yourself to feel genuine sadness or anger instead of constantly masking pain with a joke.



DISTRACTS
KEEPS THINGS
LIGHT



**AVOIDS
SERIOUSNESS**
HIDES REAL
FEELINGS



MASKS PAIN
USES HUMOR
TO SURVIVE



HEAL
IT'S OKAY TO FEEL
THE REAL YOU
MATTERS

*It's okay to feel
the real you.*

JOKES
DISTRACT
FROM
THE PAIN

DYSFUNCTIONAL FAMILY ROLES —

THE ENABLER / CAREGIVER

THE ONE WHO SMOOTHS OVER CONFLICTS

The person who makes excuses for harmful behavior, sacrifices their own needs, and keeps the peace at any cost.

Healing requires setting firm **boundaries** and letting others face the natural consequences of their actions.



CARES FOR EVERYONE
PUTS OTHERS FIRST



MAKES EXCUSES
MINIMIZES HARM



SACRIFICES OWN NEEDS
FEELS RESPONSIBLE FOR EVERYONE



HEAL
SET BOUNDARIES
IT'S OKAY TO PUT YOURSELF FIRST

You can care for others and still care for you.

KEEP THE PEACE
IT'S NOT THAT BAD
JUST FORGIVE

DYSFUNCTIONAL FAMILY ROLES —

THE PARENTIFIED CHILD

THE ONE WHO HAD TO GROW UP TOO SOON

The child forced to take on adult physical or emotional responsibilities.

Healing involves grieving the lost childhood and learning to let **others** take care of you.



TOOK ON ADULT ROLES
CARED FOR OTHERS



LOST CHILDHOOD
GREW UP EARLY



FEELS RESPONSIBLE
FOR EVERYONE'S WELL-BEING



HEAL
IT'S OKAY TO BE TAKEN CARE OF TOO

You deserve the childhood you never got.

✓ TOO MUCH RESPONSIBILITY
✓ TOO SOON
✓ A CHILD NOT A CARETAKER

EPHESIANS 6:2-3

HONOR YOUR MOTHER THAT IT MAY GO WELL WITH YOU...

"Honor your father and mother"—which is the first commandment with a promise— **that it may go well with you** and that you may enjoy long life on the earth."

EPHESIANS 6:2-3 (NIV)



HONOR

SHOW RESPECT
IN WORDS AND ACTIONS



LISTEN

VALUE THEIR
WISDOM AND EXPERIENCE



APPRECIATE

BE THANKFUL
FOR THEIR SACRIFICE



BLESS OTHERS

A GODLY FAMILY
IMPACTS GENERATIONS

*A grateful
heart builds
a brighter
tomorrow.*

*Honor today.
A better tomorrow.*



GENESIS 13:10-13

BE CAREFUL WHERE YOU PITCH YOUR TENT

YOUR
ENVIRONMENT
INFLUENCES
YOUR FUTURE.

Lot looked up and saw that the plain of the Jordan was well watered everywhere, like the garden of the LORD, like the land of Egypt, toward Zoar. So Lot chose for himself all the plain of the Jordan and **pitched his tent toward Sodom.**

GENESIS 13:10-11 (NIV)



LOOK AROUND
BE AWARE



CHOOSE WISELY
SEEK GOD'S WISDOM



PITCH WITH PURPOSE
YOUR CHOICES MATTER

Proximity has consequences.

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FAITH IN JESUS

THE FAMILY OF GOD

THE FAMILY YOU
BELONG TO THROUGH
FAITH IN JESUS



For through Him we both have access by one Spirit to the Father. Now, therefore, **you are no longer strangers and foreigners,** but **fellow citizens with the saints** and members of the ***household of God.***



JAMES 5:16

Therefore
confess your sins
to each other and
pray for each other
so that **you may be healed**.
The prayer of a righteous
person is powerful
and effective.

GALATIANS 6:2

**Carry each other's
burdens,**
and in this way
you will fulfill the
law of Christ.





PSALM 147:3

He heals the
brokenhearted
and binds up
their **wounds**.

COLOSSIANS 3:13

Bear with each other
and **forgive one another**
if any of you has a grievance
against someone.
Forgive as the Lord
forgave you.

The **CHURCH**
can help us
HEAL
from wounds
real or **perceived.**





Cain perceived
that he had been
slighted by God.

² Now **Abel kept flocks**, and **Cain worked the soil**.

³ In the course of time Cain brought some of the fruits of the soil as an offering to the Lord. ⁴ And Abel also brought an offering—fat portions from some of the firstborn of his flock. **The Lord looked with favor on Abel and his offering**, ⁵ but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast.

⁶ Then the Lord said to Cain, **“Why are you angry? Why is your face downcast?”** ⁷ If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but **you must rule over it.**”



Cain's inability
to get over his
perceived slight
let him into *Sin*.



Joseph's Family

in reality set out to
hurt him.

The Family of JACOB

GENESIS 29–30, 35



LEAH

(first wife)

Gen 29:31–35



ZILPAH

(Leah's
maidservant)

Gen 29:24



RACHEL

(second wife)

Gen 29:16–18,
29–30



BILHAH

(Rachel's
maidservant)

Gen 30:3



REUBEN

Gen 29:32



SIMEON

Gen 29:33



LEVI

Gen 29:34



JUDAH

Gen 29:35



GAD

Gen 30:11



ASHER

Gen 30:13



JOSEPH

Gen 30:24



BENJAMIN

Gen 35:18



DAN

Gen 30:6



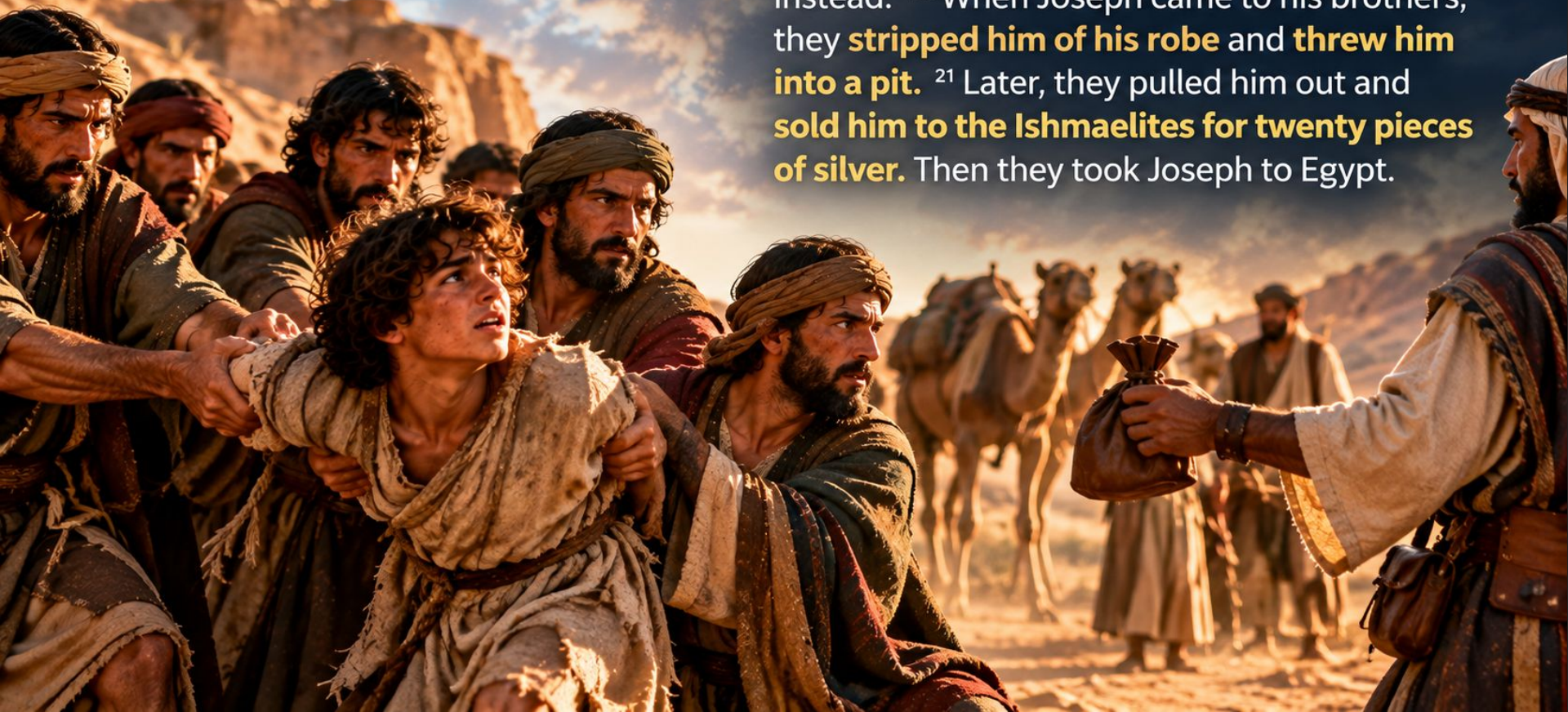
NAPHTALI

Gen 30:8

12 Sons of Jacob



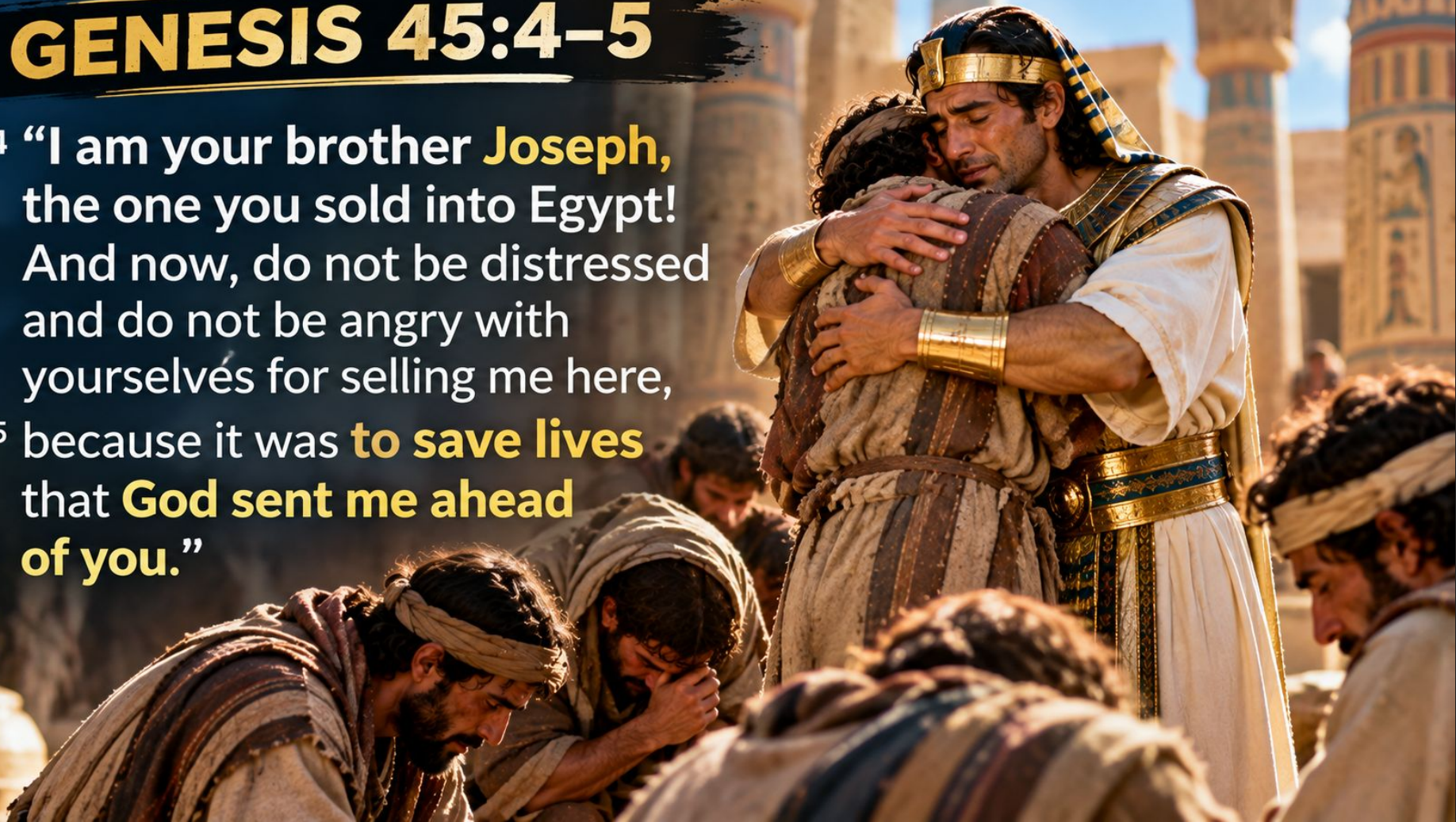
GENESIS 37:18–28



¹⁸ When his brothers saw him in the distance, **they plotted to kill him.** ¹⁹ But Reuben said, “Let’s not take his life... throw him into this pit instead.” ²⁰ When Joseph came to his brothers, they **stripped him of his robe** and **threw him into a pit.** ²¹ Later, they pulled him out and **sold him to the Ishmaelites for twenty pieces of silver.** Then they took Joseph to Egypt.

GENESIS 45:4-5

- 4 “I am your brother **Joseph**,
the one you sold into Egypt!
And now, do not be distressed
and do not be angry with
yourselves for selling me here,
5 because it was **to save lives**
that **God sent me ahead**
of you.”

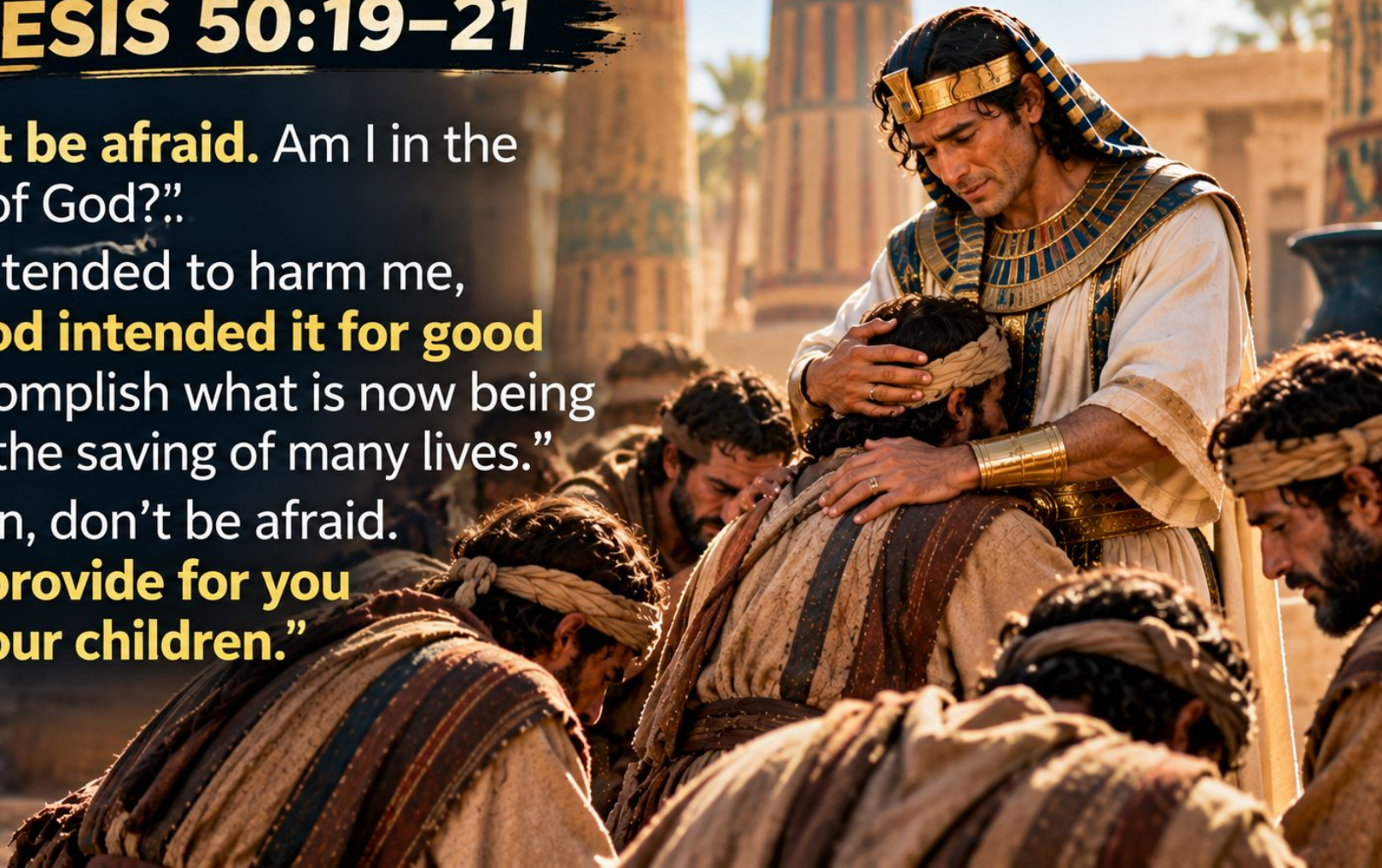


GENESIS 50:19-21

19 **“Don’t be afraid.** Am I in the place of God?..”

20 You intended to harm me, **but God intended it for good** to accomplish what is now being done, the saving of many lives.”

21 So then, don’t be afraid. **I will provide for you and your children.”**



The **CHURCH**
can help us
HEAL
from wounds
real or **perceived.**

