

HOW TO
+
CHANGE
FROM THE
INSIDE OUT

A new heart also will I give you,
and a new spirit will I put within you...

EZEKIEL 36:26





THE STORY OF

DAVID & BATHSHEBA

A HEART THAT WANDERED.
A GOD WHO RESTORES.



A KING
2 SAMUEL 11



A MOMENT
2 SAMUEL 11:2



A CHOICE
2 SAMUEL 11:4



CONSEQUENCES
2 SAMUEL 12:7-14



GRACE &
RESTORATION
PSALM 51



Create in me a clean heart,
O God, and renew a **right spirit**
within me.

— PSALM 51:10

2 Samuel

11 In the spring, at the time when kings go off to war, David sent Joab out with the king's men and the whole Israelite army. They destroyed the Ammonites and besieged Rabbah. But David remained in Jerusalem.

SIN

OFTEN

ATTACKS

YOU WHEN YOU ARE

TRYING TO TO

ESCAPE RESPONSIBILITY



2 One evening David got up from his bed and walked around on the roof of the palace. From the roof he saw a woman bathing. The woman was very beautiful, 3 and David sent someone to find out about her. The man said, "She is Bathsheba, the daughter of Eliam and the wife of Uriah the Hittite." 4 Then David sent messengers to get her. She came to him, and he slept with her. (Now she was purifying herself from her monthly uncleanness.) Then she went back home. 5 The woman conceived and sent word to David, saying, "I am pregnant."

BE SURE YOUR
SINS
WILL
FIND YOU
OUT

YOU CAN RUN,
BUT YOU CAN'T HIDE.
NUMBERS 32:23



YOUR SINS

LEAD YOU INTO

DELUSIONAL

LEVELS OF

EVIL



THE HEART IS DECEITFUL ABOVE ALL THINGS,
AND DESPERATELY SICK;

WHO CAN UNDERSTAND IT? JEREMIAH 17:9



AS LONG AS
**YOU GET
AWAY
WITH IT**

YOU LIVE IN YOUR
DELUSIONS



PROVERBS 28:13

HE THAT COVERETH HIS SINS SHALL NOT PROSPER:

BUT WHOSO CONFESSETH AND FORSAKETH THEM SHALL HAVE MERCY.



2 Samuel

12 The Lord sent Nathan to David. When he came to him, he said, "There were two men in a certain town, one rich and the other poor. 2 The rich man had a very large number of sheep and cattle, 3 but the poor man had nothing except one little ewe lamb he had bought. He raised it, and it grew up with him and his children. It shared his food, drank from his cup and even slept in his arms. It was like a daughter to him. 4 "Now a traveler came to the rich man, but the rich man refrained from taking one of his own sheep or cattle to prepare a meal for the traveler who had come to him. Instead, he took the ewe lamb that belonged to the poor man and prepared it for the one who had come to him."

5 David burned with anger against the man and said to Nathan, “As surely as the Lord lives, the man who did this must die! 6 He must pay for that lamb four times over, because he did such a thing and had no pity.”

7 Then Nathan said to David, “You are the man! This is what the Lord, the God of Israel, says: ‘I anointed you king over Israel, and I delivered you from the hand of Saul. 8 I gave your master’s house to you, and your master’s wives into your arms. I gave you all Israel and Judah. And if all this had been too little, I would have given you even more. 9 Why did you despise the word of the Lord by doing what is evil in his eyes? You struck down Uriah the Hittite with the sword and took his wife to be your own. You killed him with the sword of the Ammonites

**13 Then David said to
Nathan,**

**“I have sinned
against the Lord.”**

IT IS
GOD'S
KINDNESS

— THAT ALLOWS US —

TO BE **CAUGHT**



PROVERBS 12:1

WHOSO LOVETH INSTRUCTION LOVETH KNOWLEDGE:
BUT HE THAT HATETH REPROOF IS BRUTISH.

GETTING CAUGHT

LEADS US TO

EITHER

WORLDLY
SORROW

OR

GODLY
SORROW



LEADS TO REPENTANCE
BRINGS RESTORATION
DRAWS US CLOSER TO GOD
PRODUCES LIFE

2 CORINTHIANS 7:10



LEADS TO SHAME
BRINGS HARDNESS
PULLS US AWAY FROM GOD
PRODUCES DEATH

2 CORINTHIANS 7:10





2 CORINTHIANS

7:10

FOR **GODLY** SORROW
PRODUCES REPENTANCE
THAT LEADS TO **SALVATION**
AND LEAVES NO REGRET,
BUT **WORLDLY** SORROW
PRODUCES DEATH.



GODLY *SORROW*

- ✓ Produces **Repentance**
- ✓ Leads to **Salvation**
- ✓ Leaves **No Regret**



WORLDLY *SORROW*

- ✗ Produces **Death**
- ✗ No Repentance
- ✗ No Hope
- ✗ No Future

TWO KINDS OF SORROW

2 CORINTHIANS 7:10

GODLY SORROW



GRIEVES HOW SIN
OFFENDS GOD



HARMS OTHERS



BREAKS A
RELATIONSHIP

VS

WORLDLY SORROW



HATES THE
CONSEQUENCES



WISHES THE MISDEED
HAD REMAINED HIDDEN

GODLY SORROW LEADS TO REPENTANCE AND LIFE.
WORLDLY SORROW LEADS TO REGRET AND DEATH.

2 CORINTHIANS 7:10

**13 Then David said to
Nathan,**

**“I have sinned
against the Lord.”**

PSALM 51:1-4

1

Have mercy on me, O God,
according to your **unfailing love**;
according to your **great compassion**
blot out my transgressions.

2

Wash away all my **iniquity**
and **cleanse me** from my sin.

3

For **I know** my transgressions,
and my sin is **always before me**.

4

Against you, **you only**, have I sinned
and done what is **evil** in your sight;



*Create in me a clean heart, O God,
and renew a right spirit within me.*

— PSALM 51:10





DAVID KNEW HE HAD TO

GET RIGHT WITH GOD

BEFORE HE COULD
GET RIGHT WITH

EVERYONE ELSE.

But David had sinned against—and deeply harmed—many people:

*** Bathsheba – David abused his royal power, committed adultery with her, and brought enormous pain into her life (2 Samuel 11:2-5).**

*** Uriah – David deceived him, tried to manipulate him, and ultimately arranged for his death (2 Samuel 11:6-17).**

Joab – David involved Joab in the conspiracy to have Uriah killed (2 Samuel 11:14-17).

The soldiers with Uriah – David's plan didn't just kill Uriah. Other Israelite soldiers died in the attack designed to cover David's sin (2 Samuel 11:17).

*** Bathsheba and Uriah's child – David's actions brought devastating consequences upon his family**

*** David's own family – Nathan told David that the consequences of his actions would spill into his household (2 Samuel 12:10-12).**

*** The nation of Israel – David was their king. His private sin became a public failure of the responsibility God had entrusted to him.**

TRUE CHANGE

COMES FROM THE

INSIDE OUT



WHEN YOU RESTORE YOUR
CONNECTION
WITH YOUR CREATOR



BROKEN INSIDE
LEADS TO BROKEN
OUTSIDE



RESTORED WITH GOD
BRINGS TRUE HEALING
AND TRANSFORMATION



A NEW HEART
CREATES
A NEW LIFE

CREATE IN ME A CLEAN HEART, O GOD,
AND RENEW A RIGHT SPIRIT WITHIN ME. *Psalm 51:10*



ACTS 3:19

“Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord.”



TURN FROM SIN.
REPENT.



TURN TO GOD.
BE CONVERTED.



EXPERIENCE HIS
REFRESHING.



TIMES OF REFRESHING COME FROM THE PRESENCE OF THE LORD. | HOSEA 6:3

METANOÉŌ

"CHANGED AFTER BEING WITH"

"THINK DIFFERENTLY AFTER"

"AFTER A CHANGE OF MIND"



TO REPENT

(LITERALLY, "THINK
DIFFERENTLY AFTERWARDS").



BE WITH



CHANGE
YOUR MIND



CHANGE
YOUR LIFE

