

HOLY HABITS



A person with short, curly hair, seen from behind, stands in a field of tall, dry grass. They are wearing a dark jacket and looking out at a vast landscape of rolling hills and mountains under a bright, hazy sky. The scene is peaceful and contemplative.

**“WHERE THE MIND
GOES, THE MAN
FOLLOWS.”**

*“For as [a man] thinks in his
heart, so is he.” —Proverbs 23:7*

**And so, dear brothers and sisters,
I plead with you to give your bodies
to God because of all he has done for you.
Let them be a living and holy sacrifice—
the kind he will find acceptable. This is
truly the way to worship him. Don't copy
the behavior and customs of this world,
but let God transform you into a new
person by changing the way you think.
Then you will learn to know God's will for
you, which is good and pleasing and perfect.
Romans 12:1-2**

CHANGE THE WAY YOU THINK
CHANGE THE WAY YOU ACT!!

metanoia

[meh-ta-noy-ah] | μετάνοια

1. (n.) The journey of changing one's mind, heart, self, or way of life.
2. (v.) The act of reforming; repentance

LOVE

must be sincere

HATE

WHAT IS EVIL;

CLING TO WHAT IS

GOOD



Romans 12:9 via Gecko & Fly

“ Whether you’re aware of it or not, you do what you do because of what and how you think about yourself.”

“It’s time to yank out your inaccurate assumptions and false beliefs about who you are and make room for the truth of who God says you are.”

A grayscale photograph of a large crowd of people, likely in a church, with their hands raised in the air. The image is slightly blurred, creating a sense of movement and collective worship. The text is overlaid in the center in a white, sans-serif font.

I'M NO LONGER
A SLAVE TO
FEAR, I AM A
CHILD OF GOD



WHO DO YOU
THINK
YOU ARE?

FINDING YOUR IDENTITY IN CHRIST



I ALWAYS FAIL

**THE SELF-
FULFILLING
PROPHECY**

“The power to change begins with identifying the recurring negative thoughts about yourself that are holding you back. All too often, we don’t hit pause on old thoughts but allow them to play without questioning their accuracy or validity. But now that you’ve started this process, you can train yourself to monitor your thoughts and “demolish arguments and every pretension that sets itself up against the knowledge of God” and “take captive every thought to make it obedient to Christ” (2 Corinthians 10:5).”

“Who you think you are drives your behavior. Numerous psychological studies have demonstrated the power of our thoughts to shape our decisions and actions. But our thinking often gets polluted by false labels, biased beliefs, and inaccurate assumptions we absorb from those around us. Unfortunately, we’re often inclined to believe, whether consciously or not, what others tell us about our identity, particularly those who have proximity and power in our lives.”


Who God says you are!!!!

Genesis 1

27 So God created mankind in his own image, in the image of God he created them; male and female he created them.

31 God saw all that he had made, and it was very good.

Who God says you are!!!!



If anyone is in *Christ*
he is a new creation; the old
has gone, the new has come

2 Corinthians 5:17



Who God says you are!!!!

Romans 8:17

Now if we are children, then we are heirs—heirs of God and **co-heirs** with Christ, if indeed we share in his sufferings in order that we may also share in his glory



“But you are not who the enemy says you are. He is merely “the accuser” (Revelation 12:10). You are who God says you are. Your loving Father offers affirmations, not accusations. Even before you were born, God designed you as his creation; you are “fearfully and wonderfully made” (Psalm 139:14). He knows your worst moments and your best and loves you unconditionally in both. In fact, the one who knows your worst loves you best. Your holy Creator defines the true you.”

It takes time to reassure you of who you are



WHO DO YOU
THINK
YOU ARE?

FINDING YOUR IDENTITY IN CHRIST

**“Throughout the Bible it’s clear that
God’s calling focuses on who we are
before what we do.”**

**Focus on who you are not the what
you do.**

LIVE SUCH GOOD LIVES
THAT THOUGH THEY ACCUSE YOU
OF DOING WRONG
THEY MAY SEE
YOUR GOOD DEEDS
AND GLORIFY GOD
ON THE DAY HE VISITS US

1 PETER 2:12

NOW the OVERSEER
IS TO BE ABOVE REPROACH
FAITHFUL TO HIS *wife*
TEMPERATE SELF-CONTROLLED
respectable hospitable
able to **TEACH** *of drunkenness*
NOT VIOLENT BUT gentle
NOT QUARRELSOME
not a lover of money
he must manage his own family well
and see that his **CHILDREN** OBEY HIM
→ & HE MUST DO SO IN A MANNER WORTHY OF
FULL RESPECT
IF ANYONE DOES NOT KNOW HOW TO MANAGE HIS OWN FAMILY
how can he take care of GOD'S CHURCH
1 timothy 3:2-5

He has to be a
good man
A good husband
And a good dad

**Change begins with you,
It begins when you find out who
you are. Focus on the who before
you do. People eventually care
about the who more than the do.**