

HOLY HABITS



**CHANGE THE WAY YOU THINK
CHANGE THE WAY YOU ACT!!**

metanoia

[meh-ta-noy-ah] | μετάνοια

1. (n.) The journey of changing one's mind, heart, self, or way of life.
2. (v.) The act of reforming; repentance



WHO DO YOU THINK YOU ARE?

FINDING YOUR IDENTITY IN CHRIST

Who God says you are!!!!

Genesis 1

27 So God created mankind in his own image, in the image of God he created them; male and female he created them.

31 God saw all that he had made, and it was very good.



If anyone is in *Christ*
he is a new creation; the old
has gone, the new has come

2 Corinthians 5:17

Who God says you are!!!!

Romans 8:17

Now if we are children, then we are heirs—heirs of God and **co-heirs** with Christ, if indeed we share in his sufferings in order that we may also share in his glory



**STOP TRYING
START TRAINING**

“...train yourself to be godly—godliness has value for ALL THINGS holding promise for both the present life and the life to come.”

-1 Timothy 4:7-8

“Trying doesn’t work. Training does. Trying is an attempt to do the right thing by exerting effort IN THE MOMENT. Training is a commitment to STRATEGIC HABITS you do BEFORE THE MOMENT that equip you to do the right thing in the moment.”

*-Craig Groeschel,
The Power to Change*

**“I discipline my body like an athlete,
TRAINING it to do what it should.
Otherwise, I fear that after preaching to
others I myself might be disqualified.”**

-1 Corinthians 9:27

**A DISCIPLE
IS NOT ABOVE HIS TEACHER,
BUT EVERYONE WHO
IS PERFECTLY TRAINED WILL
BE LIKE HIS TEACHER.**

LUKE 6:40

Train yourself

Many of us do well when we are forced, coached or parented. But real transformation comes when you internalize your training. The Bible says train yourself!!!

TRAIN YOURSELF FOR GODLINESS

1 TIMOTHY 4:7



**Train yourself
In church
attendance**





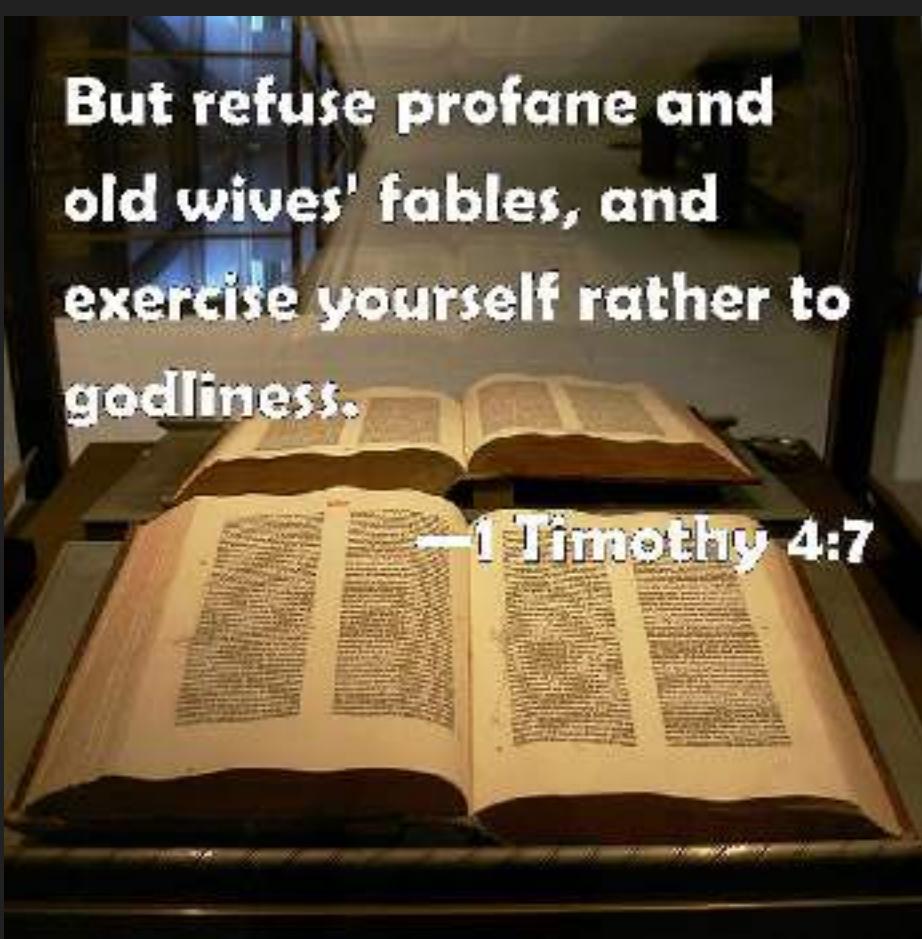
TRAIN UP A CHILD IN THE
WAY HE SHOULD GO, AND
WHEN HE IS OLD HE WILL
NOT DEPART FROM IT.

- PROVERBS 22:6

Arm
yourself
WITH TRUTH-
Study the
BIBLE

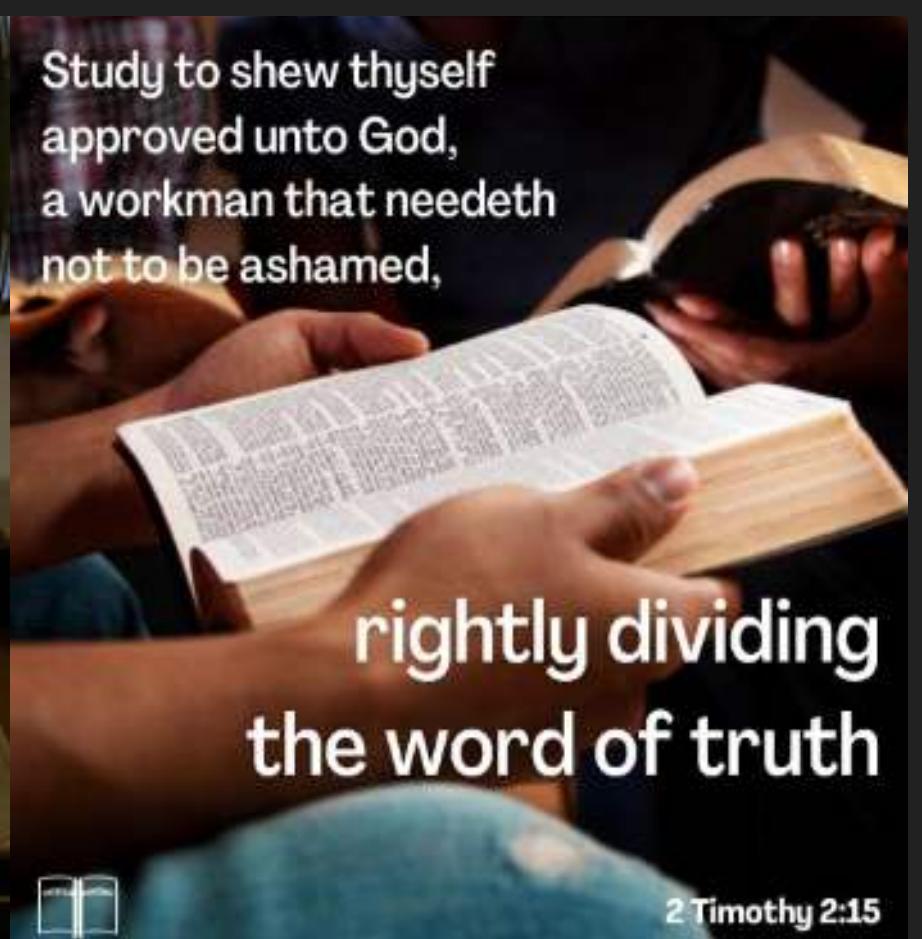


**Train yourself
In Bible study**



**But refuse profane and
old wives' fables, and
exercise yourself rather to
godliness.**

—1 Timothy 4:7



**Study to shew thyself
approved unto God,
a workman that needeth
not to be ashamed,**

**rightly dividing
the word of truth**



2 Timothy 2:15

KNOW
THYSELF



KNOW THE
BIBLE
THYSELF

HERE GOD THYSELF



LEARNING TO HEAR HIS VOICE



The Lord passed by, and a great and strong wind
rent the mountains, and brake n pieces the rocks
before the Lord; but the Lord was not in the
wind: and after the wind an earthquake; but the
Lord was not in the earthquake: And after the
earthquake a fire; but the Lord was not in the
fire: and after the first a still small voice
1 Kings 19:11-12

HERE GOD THYSELF-Through Silence and Fasting

Very early in the morning, while it was still dark, He got up, left the house and went off to a solitary place, where He prayed.
Mark 1:35

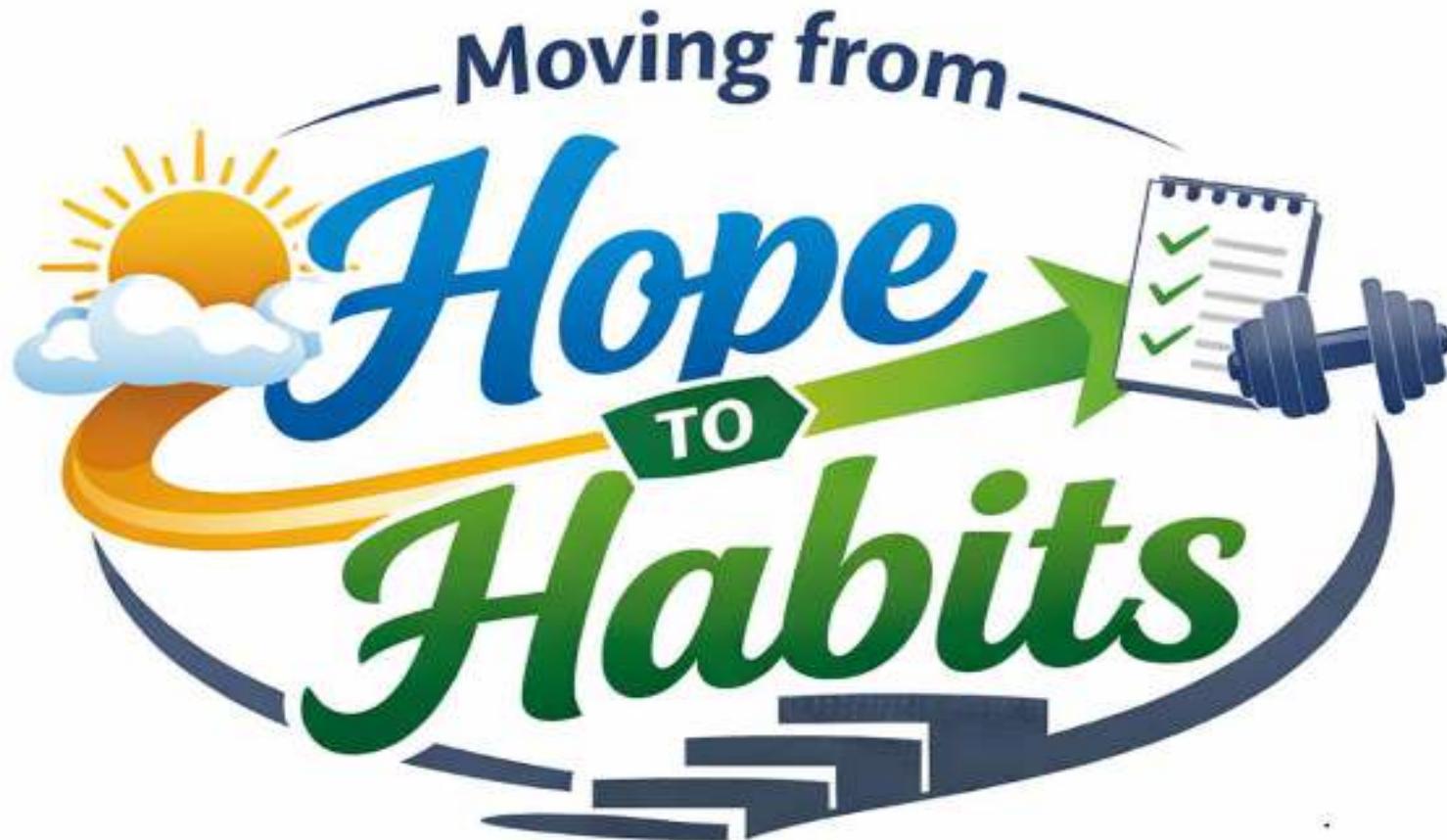
THE WORD OF GOD TODAY



How to Train yourself in Godliness:

Go to church thyself
Know the word thyself
Hear God thyself

**STOP TRYING
START TRAINING**



Moving from aspirational to actual

Taking actionable steps

*Be doers of the word, and not hearers only,
deceiving yourselves. For if anyone is a hearer
of the word and not a doer, he is like a man
observing his natural face in a mirror; for he
observes himself, goes away, and immediately
forgets what kind of man he was. But he who
looks into the perfect law of liberty and
continues in it, and is not a forgetful hearer
but a doer of the work, this one will be
blessed in what he does.*

James 1:22-25



SMALL STEPS, BIG RESULTS



Take actionable steps

LET HIM THAT STOLE STEAL NO MORE:
BUT RATHER LET HIM LABOUR,
WORKING WITH HIS HANDS THE THING WHICH IS GOOD,
THAT HE MAY HAVE TO GIVE TO HIM THAT NEEDETH.

EPHESIANS 4:28



**DON'T USE FOUL OR ABUSIVE
LANGUAGE. LET EVERYTHING
YOU SAY BE **GOOD** AND **HELPFUL**,
SO THAT YOUR WORDS WILL BE
AN **ENCOURAGEMENT** TO THOSE
WHO HEAR THEM.**

EPHESIANS 4:29 NLT

I'm trading my sorrows

I'm trading my shame

I'm laying them down for the joy of the Lord

I'm trading my sickness

I'm trading my pain

I'm laying them down for the joy of the Lord

Whoever sows to please their flesh,
from the flesh will reap destruction;
whoever sows to please the Spirit,
from the Spirit will reap eternal life.

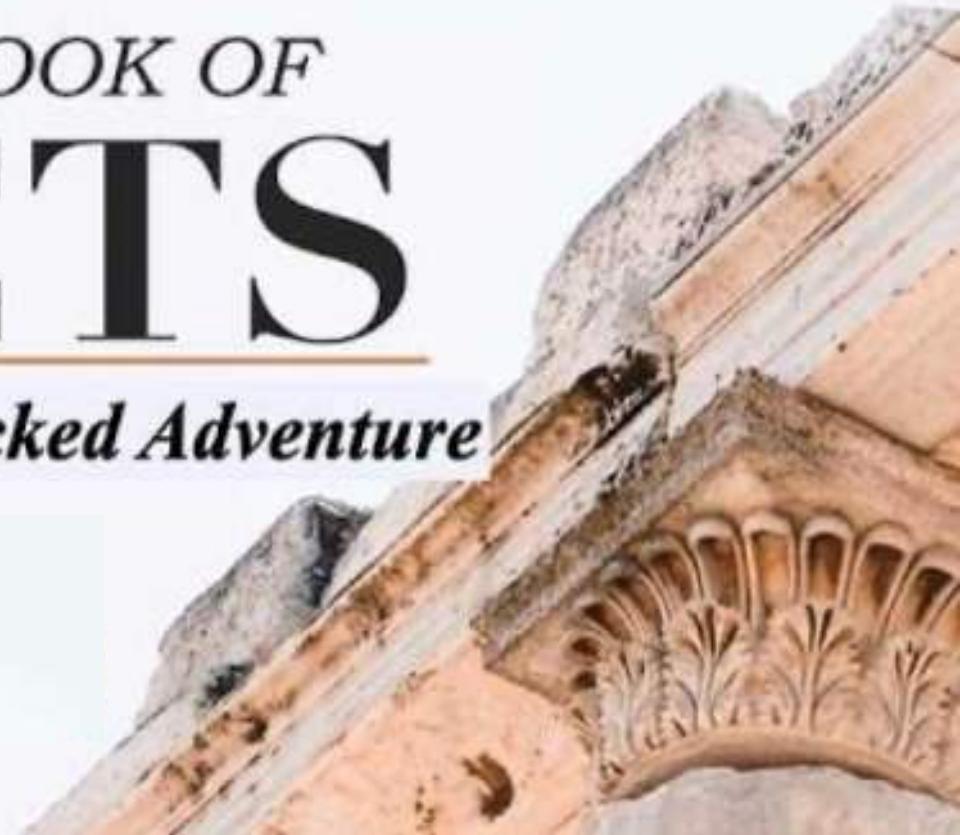
Galatians 6:8





Take up sowing

THE BOOK OF
ACTS
An Action-Packed Adventure





Lakefront Chapter 1 2026

What we do? Our habits, what we Sow!!! What we do!!!!