

HOLY HABITS





“WHERE THE MIND
GOES, THE MAN
FOLLOWS.”

*“For as [a man] thinks in his
heart, so is he.” —Proverbs 23:7*

**CHANGE THE WAY YOU THINK
CHANGE THE WAY YOU ACT!!**

metanoia

[meh-ta-noy-ah] | μετάνοια

1. (n.) The journey of changing one's mind, heart, self, or way of life.
2. (v.) The act of reforming; repentance



WHO DO YOU THINK YOU ARE?

FINDING YOUR IDENTITY IN CHRIST

Who God says you are!!!!

Genesis 1

27 So God created mankind in his own image, in the image of God he created them; male and female he created them.

31 God saw all that he had made, and it was very good.



If anyone is in *Christ*
he is a new creation; the old
has gone, the new has come

2 Corinthians 5:17

Who God says you are!!!!

Romans 8:17

Now if we are children, then we are heirs—heirs of God and **co-heirs** with Christ, if indeed we share in his sufferings in order that we may also share in his glory



“Throughout the Bible it’s clear that God’s calling focuses on who we are before what we do.”

Focus on who you are not the what you do.

**STOP TRYING
START TRAINING**

“...train yourself to be godly—godliness has value for ALL THINGS holding promise for both the present life and the life to come.”

-1 Timothy 4:7-8

“Trying doesn’t work. Training does. Trying is an attempt to do the right thing by exerting effort IN THE MOMENT. Training is a commitment to STRATEGIC HABITS you do BEFORE THE MOMENT that equip you to do the right thing in the moment.”

*-Craig Groeschel,
The Power to Change*

“Depending on what they are, our HABITS will either make us or break us. We become what we repeatedly DO.”

-Sean Covey

**“I discipline my body like an athlete,
TRAINING it to do what it should.
Otherwise, I fear that after preaching to
others I myself might be disqualified.”**

-1 Corinthians 9:27

“Natural? You call this natural? I swung a 44-ounce bat 600 times a night, 4,200 times a week, 47,200 swings every winter...in my humble opinion, there are no naturals.”

**-Mark Batterson,
*Win the Day***





TRAIN UP A CHILD IN THE
WAY HE SHOULD GO, AND
WHEN HE IS OLD HE WILL
NOT DEPART FROM IT.

- PROVERBS 22:6

Church - from 4 to 18 I went to church and heard a sermon 150 times a year. That is 2100 sermons. Then 18-22 went to Bible college went to had three sermons a week at church then five sermons a week in chapel. So that was another 360 sermons times 4. That was 1440 sermons. So before I was a preacher I heard 3540 sermons.

**Professionals train consistently
while amateurs train occasionally.**

**A DISCIPLE
IS NOT ABOVE HIS TEACHER,
BUT EVERYONE WHO
IS PERFECTLY TRAINED WILL
BE LIKE HIS TEACHER.**

LUKE 6:40

Train yourself

Many of us do well when we are forced, coached or parented. But real transformation comes when you internalize your training. The Bible says train yourself!!!