

**HELP ME  
CARRY  
THIS  
WEIGHT**

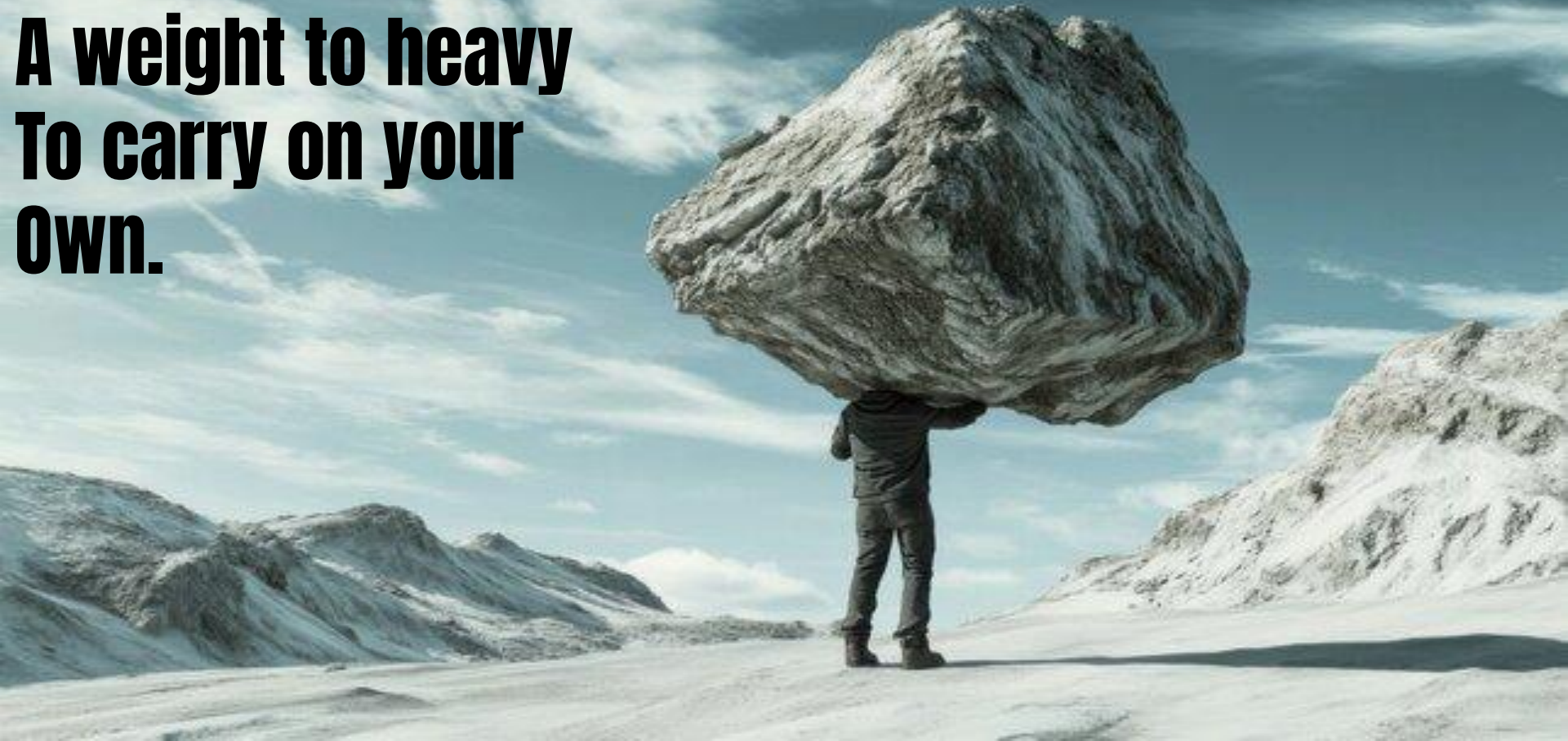




**BEAR ONE  
ANOTHERS  
BURDEN'S, AND  
SO FULFILL  
THE LAW  
OF CHRIST.**

**GALATIANS 6:2**

**What is a Burden?  
A weight too heavy  
To carry on your  
Own.**



# Grief



# Addiction



# Work Stress





**A Time  
To Carry  
Others**



**A Time  
To be  
Carried**



**Sometimes to  
Win you have sit  
On the rock  
And let your  
Friends  
Hold your  
Arms up.**

1 Corinthians 12 - 14

**ONE BODY**  
**MANY PARTS**  
**ONE PURPOSE**





**FOR WE ARE HIS WORKMANSHIP,  
CREATED IN CHRIST JESUS FOR  
GOOD WORKS, WHICH GOD  
PREPARED BEFOREHAND THAT WE  
SHOULD WALK IN THEM.**

Ephesians 2:10

**IN THIS WAY THEY WILL LAY UP  
TREASURE FOR THEMSELVES AS A  
FIRM FOUNDATION FOR THE COMING  
AGE, SO THAT THEY MAY TAKE HOLD  
OF THE LIFE THAT IS TRULY LIFE.  
1 TIMOTHY 6:19**



## **ROMANS 12:6-8 NKJV**

**HAVING THEN GIFTS DIFFERING ACCORDING TO THE GRACE THAT IS GIVEN TO US, LET US USE THEM: IF PROPHECY, LET US PROPHECY IN PROPORTION TO OUR FAITH; OR MINISTRY, LET US USE IT IN OUR MINISTERING; HE WHO TEACHES, IN TEACHING; HE WHO EXHORTS, IN EXHORTATION; HE WHO GIVES, WITH LIBERALITY; HE WHO LEADS, WITH DILIGENCE; HE WHO SHOWS MERCY, WITH CHEERFULNESS.**



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# **Organizing and Leading Roles**

**Administration:** Best for church operations, finance committees, supply coordination, and database management.

**Leadership:** Fits well as a ministry coordinator, small group leader, elder, or council member.

**Wisdom & Discernment:** Ideal for strategic planning teams, elder boards, and mentoring programs

# **Teaching and Communication Roles**

**Teaching: Fits Sunday school instructors, Bible study leaders, and catechists.**

**Evangelism: Great for outreach teams, welcome hosts, and community event planners.**

**Prophecy / Speaking: Suits preaching ministries, seasonal workshop speakers, and truth-focused group facilitators.**

# **Care and Support Roles**

**Mercy & Compassion:** Ideal for visitation teams, grief support, hospital care, and prayer counseling.

**Helps / Service:** Perfect for setup crews, meal trains, tech/sound booth operation, and maintenance.

**Giving:** Fits financial stewardship committees and resource allocation projects

# Spiritual Gifts Test





# Spiritual Gifts List