

**HELP ME
CARRY
THIS
WEIGHT**

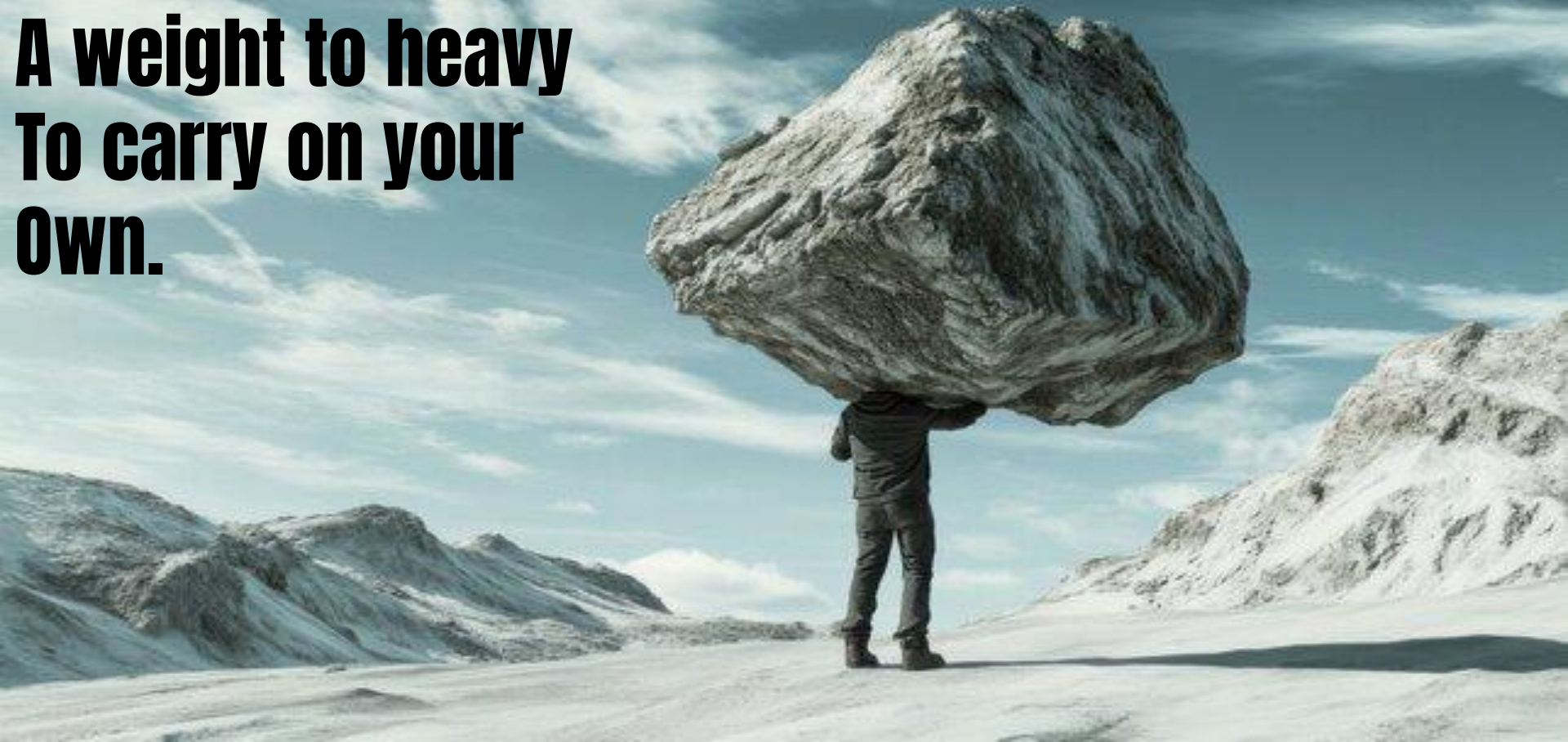




**BEAR ONE
ANOTHERS
BURDEN'S, AND
SO FULFILL
THE LAW
OF CHRIST.**

GALATIANS 6:2

**What is a Burden?
A weight too heavy
To carry on your
Own.**



Grief



Addiction



Debt



Physical burdens



Work Stress





**A Time
To Carry
Others**

1. Active Faith

Faith is at the heart of the story. The friends' belief in Jesus ability to heal their paralyzed friend drove them to action. Despite the obstacles, their faith stayed strong. Hebrews 11:1 tells us:

2. Determination

The determination of the four friends is evident in their refusal to be deterred by the large crowd blocking their way to Yeshua. Mark 2:4 describes this resolve

3. Compassion

Compassion is another defining quality of the friends. Their actions were motivated by a deep sense of compassion for their paralyzed friend. They recognized his suffering and were moved to help him. This reflects the heart of God who is compassionate and merciful

4. Teamwork

The story also underscores the importance of teamwork. The friends worked together seamlessly to achieve their goal. Their cooperation and coordination were crucial in overcoming the physical and logistical challenges they faced.

5. Sacrifice

Lastly, the friends demonstrated a willingness to sacrifice their time, energy, and perhaps even their reputation to help their paralytic friend. Climbing onto a roof, digging through it, and lowering their friend down was no small feat and likely drew significant attention (especially from the owner of the home!) and perhaps criticism.



**A Time
To be
Carried**



**Sometimes to
Win you have sit
On the rock
And let your
Friends
Hold your
Arms up.**

1 Corinthians 12:12-27

12 There is one body, but it has many parts. But all its many parts make up one body. It is the same with Christ. 13 We were all baptized by one Holy Spirit. And so we are formed into one body. It didn't matter whether we were Jews or Gentiles, slaves or free people. We were all given the same Spirit to drink. 14 So the body is not made up of just one part. It has many parts.

15 Suppose the foot says, "I am not a hand. So I don't belong to the body." By saying this, it cannot stop being part of the body. 16 And suppose the ear says, "I am not an eye. So I don't belong to the body." By saying this, it cannot stop being part of the body.

17 If the whole body were an eye, how could it hear? If the whole body were an ear, how could it smell? 18 God has placed each part in the body just as he wanted it to be. 19 If all the parts were the same, how could there be a body? 20 As it is, there are many parts. But there is only one body. 21 The eye can't say to the hand, "I don't need you!" The head can't say to the feet, "I don't need you!" 22 In fact, it is just the opposite. The parts of the body that seem to be weaker are the ones we can't do without. 23 The parts that we think are less important we treat with special honor. The private parts aren't shown. But they are treated with special care.

24 The parts that can be shown don't need special care. But God has put together all the parts of the body. And he has given more honor to the parts that didn't have any. 25 In that way, the parts of the body will not take sides. All of them will take care of one another. 26 If one part suffers, every part suffers with it. If one part is honored, every part shares in its joy. 27 You are the body of Christ. Each one of you is a part of it.

**13 For you created my inmost being;
you knit me together in my mother's womb.**

**14 I praise you because I am fearfully and wonderfully made;
your works are wonderful,
I know that full well.**

**15 My frame was not hidden from you
when I was made in the secret place,
when I was woven together in the depths of the earth.**

**16 Your eyes saw my unformed body;
all the days ordained for me were written in your book
before one of them came to be.**



**FOR WE ARE HIS WORKMANSHIP,
CREATED IN CHRIST JESUS FOR
GOOD WORKS, WHICH GOD
PREPARED BEFOREHAND THAT WE
SHOULD WALK IN THEM.**

Ephesians 2:10

**IN THIS WAY THEY WILL LAY UP
TREASURE FOR THEMSELVES AS A
FIRM FOUNDATION FOR THE COMING
AGE, SO THAT THEY MAY TAKE HOLD
OF THE LIFE THAT IS TRULY LIFE.**

1 TIMOTHY 6:19



Bible Study Tools